| **CORE Physical Education**  |
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| **Course Overview** |
| In Year 10 Core PE students build upon all the individual skills learnt in KS3 and apply them through a range of competitive situations, they will also apply more complex tactics within each competitive sport.In Year 10 Physical Education you will cover the following sports:* Students will have the opportunity to take part in Football, Rugby, Netball, Badminton, Health and fitness, House competitions, Cricket, Rounders, Softball and Athletics
* Students will also be tasked to begin to officiate fully all sports taught on the PE Curriculum
* Students receive 2 hours of CORE PE over a two week period.
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| **Assessment** |
| ATL scores throughout the academic Year Formative and Summative assessment against skills being taught in Year 10 |
| **Awarding Body**  |
| NA |
| **Independent Learning Expectations** |
| Attend extra curricular activities after schoolJoin local sports teams to enhance skill set |
| **Possible Careers in the Subject** |
| Any healthcare professionPhysiotherapistSports CoachSports nutritionistPE teacher |
| **Subject Leader** |
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